

Mental Health and Substance Abuse Community Resource List

Serving

Ansonia, Derby, Shelton, Oxford, Beacon Falls

Self Help:

Resource	Phone	Website
Alcoholics Anonymous/Alanon	211	http://www.CT-AA.org
Cocaine Anon	1-800-347-8998	WWW.CA.org
Narcotics Anon	1-800-627-3543	
Statewide N.A. Task Force		
Gambler's Anonymous Hotline	800-346-6238	
Schizophrenics Anonymous	203-736-2601(contact:Jim Cronin)	
Warmline	203-732-2004(evening 7 days a week)	

Mental Health Services:

Resource	Phone
Outpatient Mental Health Services:	
Birmingham Group Health Services	1-203-736-2601
Cochran Clinic Outpatient Services	1-203-732-7580
Catholic Charities	735-7481
Sterling Center	929-2400

Services for Children:

Parent Child Resource Center	203-954-0543
------------------------------	--------------

Nursing Services:

Visiting Nurses Association	203-735-7468
VNS	734-8088
Unison	877-520-6628

Inpatient Services:

Griffin Psychiatric	203-732-7470
---------------------	--------------

Domestic Violence Services:

Resource	Phone
Birmingham Health Serv./Umbrella	203-736-2601 x381
Local Hotline	1-203-736-9944
Statewide Hotline	1-800-774-2900

Spanish Speaking Services:

Birmingham Group Health Services	203-736-2601 (some services)
Catholic Family Services	203-735-7481

Deaf & Hearing Impaired:

DMHAS TDD	860-418-6618
DMHAS Voice	418-6830

Infoline:	211 www.211infoline.com
------------------	--

Inpatient Detox Services:		
Rushford Center	860-346-0300x161or800-542-4791	
Rushford Center	Detox x104 Triage x109	
South Central Rehab. Center	1-860-782-1106	
Substance Abuse:		
BGHS	203-736-2601	
Liberty Center	203-735-8761	
Parents Advocacy Center, Inc.	www.CPACInc.org	
Subst. Abuse Prevention:		
Birmingham Health Serv./Valley Subs.	1-203-736-8566	
Abuse Action Council		
Prepared by Catchment Area #5		
Region II		
Regional Mental Health Board, Inc.		
P.O. Box 351, Middletown, Ct. 06457 * Phone (860-262-5027) * Fax (860-262-5029)		
	email: rmhb2@aol.com	