

**Mental Health and Community Services**  
**Available in Meriden and Wallingford**  
**Catchment Area #9**

**Behavioral Health Services/Support**

Rushford Center, Inc. (the lead mental health agency for CA 9) Crisis Hotline	203-630-5280 800-567-0902
Catholic Charities	203-235-2507
Community Health Center, Inc. (and OBGYN Clinic)	203-237-2229
Franciscan Life Center	203-237-8084
Meriden and Wallingford Substance Abuse Council	203-294-3591
NAMI-CT	860-882-0236 OR 800-215-3021

**Recreational/Respite Services**

Woman and Families Center	203-235-9297
YMCA	203-235-6386

**Other Services**

Adult, Career & Continuing Education	203-630-4190
City of Meriden Dept. of Health and Human Services WIC Senior Center	203-630-4245 203-630-4226
Midstate Medical Center (Hospital)	203-649-8731
Easter Seals Connecticut, Inc.	203-237-7835
Literacy Volunteers	203-235-1714
Meriden Public Library	203-630-6347
City of Meriden Parks & Recreation	203-630-4259
Meriden Housing Authority	203-235-0157

**Other Services Cont.**

Domestic Violence Hotline	203-238-1501
New Opportunities (food pantry, energy assistance)	203-235-0278

**Self Help/Support Groups**

Alcoholics Anonymous, Alanon, Alateen ( <a href="http://www.ct.aa.org">www.ct.aa.org</a> )	800-203-1234
Cocaine Anonymous ( <a href="http://www.ca.org">www.ca.org</a> )	800-347-8998
Narcotics Anonymous	800-627-3543
Statewide Narcotics Task Force	800-44DRUGs
Gambler's Anonymous Hotline	800-346-6238
Gambler's Anonymous Referrals	203-777-5585
NAMI-Meriden	203-710-3173

## **FOOD PANTRIES**

### **Meriden**

#### **Meriden Salvation Army #85**

St. Casimir Drive  
203-235-6532/Shelly

Emergency Pantry  
Tuesday 9-11, Thursday 1-3  
Can be utilized once every three months

Soup Kitchen  
2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> weekend of every month at noon

#### **Operation Pantry/New Opportunities of Greater Meriden**

191 Pratt Street  
203-235-0278  
Monday, Wednesday, Friday 9:30 – 1:30  
Can be utilized once every three months

#### **St Andrew's Episcopal Church**

20 Catlin Street  
203-237-7451  
3<sup>rd</sup> Saturday – must call first to register

#### **First Baptist Church**

460 Broad Street  
Soup Kitchen  
Monday through Friday – Noon

#### **N.O.W. Shelter**

St Casimir Drive  
Soup Kitchen  
First weekend of every month – Noon

## **Wallingford**

### **American Red Cross**

144 south Main Street  
203-265-6721 Fax: 203-269-4131  
Monday-Friday 11:00 AM – 4:00 PM

### **Master's Manna**

316 North Colony (Route 5) across from Christian Street  
203-678-3042  
Tuesday and Thursday: 9:00 to 12:00; Friday 6:00 to 8:00 PM

### **Church of the Resurrection**

Pond Hill Road  
203-265-1694  
Run by volunteers – call first – usually last two weeks of the month

### **Wallingford Community Day Care**

80 Wharton Brook Drive  
203-294-4176 Fax: 203-741-0896  
Call first – minimal number for emergencies  
Provides Diaper Bank

### **Wallingford Emergency Shelter**

123 Quinnipiac Street  
203-294-0102 Fax: 203-265-9844  
Take out meals and emergency canned food  
7:00 PM evenings only